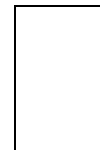


Joint Public Health Board



Bournemouth, Poole and Dorset councils working together to improve and protect health

Date of Meeting	4 th February 2019
Officer	Acting Director of Public Health
Subject of Report	Update on the Whole School Approach to Emotional Health and Wellbeing through Physical Activity
Executive Summary	<p>This paper provides a summary of:</p> <ul style="list-style-type: none"> • the overall project progress to date • the profile of successful schools and projects • the next steps in implementation and evaluation
Impact Assessment: <i>Please refer to the protocol for writing reports.</i>	Equalities Impact Assessment: Not applicable
	Use of Evidence: Project used national and international evidence to take a Participatory Budgeting approach to allocating schools funding for projects that delivered emotional health and wellbeing outcomes through physical activity.
	Budget: £335,790.07 Prevention at Scale funding allocated directly to schools to deliver agreed projects / action plans. £44,209.93 Prevention at Scale funding allocated to facilitation, capacity building and evaluation of school projects and the process / system evaluation.

	<p>Risk Assessment:</p> <p>Having considered the risks associated with this decision using the County Council's approved risk management methodology, the level of risk has been identified as: Current Risk: LOW Residual Risk: LOW</p>
	<p>Other Implications:</p> <p>None.</p>
<p>Recommendation</p>	<p>Members of the Joint Public Health Board are asked to note progress to date.</p> <p>Members of the Joint Public Health Board are invited to review progress in 6-12 months.</p>
<p>Reason for Recommendation</p>	<p>School projects will be underway from February 2019 and milestones completed for some schools. An initial 12-month evaluation will also be ready for review.</p>
<p>Appendices</p>	<p>Appendix A: Successful / unsuccessful school applications</p>
<p>Background Papers</p>	<p>N/A</p>
<p>Report Originator and Contact</p>	<p>Name: Joanne Wilson Tel: 01305-225894 Email: j.wilson@dorsetcc.gov.uk</p>

1. Background

- 1.1 The Whole School Approach project is one of the main Prevention at Scale projects within the Starting Well workstream. It was initiated by the pan-Dorset Head Teacher Alliance for PE and Sport (HTA) with support from Public Health Dorset. The project aims to address rising concerns from schools about children and young people's emotional health and wellbeing, whilst harnessing the positive impact of a wide range of physical activities when integrated in a whole school approach.
- 1.2 The HTA formed a sub-group of stakeholders including schools to develop the project scope and approach to engaging schools in the project aim. A Participatory Budgeting approach was taken, such that this sub-group developed: three long-term outcomes that WSA school-led projects should work towards, funding application design, evaluation criteria, budget setting and a project evaluation framework (schools and process/system).

Aims:

- Improved mental health of children and young people, with reduced referrals to wellbeing support
 - Children and young people who have improved awareness of ways to manage stress and achieve calm
 - To transform the wellbeing of children and young people through increased engagement of physical activity, including sport and PE, to become keen active adults
- 1.3 Schools were invited to bid for funding against these three aims and demonstrate how their project would deliver by engaging children and young people (and if possible families and communities) in physical activity. Applications were reviewed by a panel of five members: two representatives from Public Health Dorset, an experienced secondary head, a representative from Active Dorset and a representative from an inclusion perspective.

2. Outcomes from the Applications

- 2.1. Overall, 64 applications for funding were submitted by schools across Bournemouth, Poole and Dorset, representing a total of 75 schools. Values applied for ranged from £500 to just over £90,000: 38 applications were for under £10,000; 13 were for between £10,000 and £30,000; and 12 were for more than £30,000. Successful applications clearly demonstrated how schools would meet one or more of the project aims, had robust and credible action plans, identified milestones and had clear budgets addressing sustainability.
- 2.2. It is difficult to place an actual figure on the reach and impact for these activities and programmes, as it will include considering the families surrounding the pupils as well as the pupils themselves. However 29 applications included the NOR (number on record) for pupils attending the school(s) included in the application currently. For these 29 applications, a total of 16,251 pupils will potentially receive direct or indirect benefit from the activities or programmes listed above.
- 2.3. Projects have been grouped in the following themes:

Theme	Number of successful applications
Physical activity and wellbeing programmes or activities (e.g.	21

Relax kids, My Personal Best Primary)	
Forest Schools and outdoor learning	10
Daily Mile: multi-purpose and creative space development (beyond a running track)	6
Curriculum integration and development	5
Allotment and outdoor space development	4
Staff and community development and opportunity	3

2.4. Monitoring impact towards these outcomes will be completed by schools, individually or collectively, using an evidence-based monitoring platform – Health & Wellbeing Wheel. Funding has also been set aside for a process / system evaluation to understand the success of taking the participatory approach and recommendations for the wider Sustainability and Transformation Plan in engaging the education sector (Schools).

3. Next steps

3.1. The Head Teacher Alliance members will support schools to implement and evaluate individual / collective school action plans as per their remits.

3.2. A specification for the process / system evaluation will be circulated through HTA members and Public Health contacts to seek expressions of interest from qualified individuals or organisations who can fulfil the specification. Members of the HTA will evaluate the expressions of interest and award.

4. Recommendations

4.1 The Joint Public Health Board are invited to review progress in 6 - 12 months when school projects will be in full progress, and milestones completed for some schools. An initial 12-month evaluation will also be ready for review.

Sam Crowe
Acting Director of Public Health
 February
 2019

APPENDIX A

Successful Applications

Dorset Schools	Broadmayne First School
	Cerne Abbas CE VC First School
	Christchurch School Sport Partnership - The Grange School
	Conifers Primary School
	Henbury View First School
	Loders CE Primary Academy
	Manor Park CE First School
	Motcombe Primary School
	Mountjoy School
	Mudford Junior School
	Parley First School
	Powerstock CE VA Primary School
	Puddletown First School
	Queen Elizabeth's School
	Sandford St Martin's CE VA Primary School
	Sherborne Abbey Primary
	Spetisbury Primary School (2)
	St Georges, Portland
	St Marks Primary Swanage and The Swanage School
	St Mary's Catholic First School
	St Mary's Catholic Primary School
	St Nicholas and St Laurence Primary School Weymouth
	St Osmund's C of E Middle School
	St. Mary's C.E. Middle School (2)
	St. Mary's C.E. Middle School (3)
	The Abbey CE VA Primary School
	The Gryphon School
	The Priory CE VA Primary School
	The Purbeck School
	Thornford CE Primary
	Twynham School (1)
	Upton Infant School (In conjunction with Upton Junior School)
William Barnes Primary School	
Wimborne First School	
Bmrh Schools	Linwood School
	St James CE Primary Academy
	The Bourne Academy
	Winton Primary School

Poole Schools	Baden Powell and St Peters C of England Junior School, Sylvan Infant School, Hamworthy Park Junior School, Longfleet Church of England Primary School, Branksome Heath Junior School.
	Carter Community School
	Courthill Infant School
	Heatherlands Primary School
	Old Town Infants and Nursery School
	St Edward's School
	Talbot Primary School
	VICTORIA EDUCATION CENTRE

Unsuccessful Applications

Dorset Schools	All Saints CE VC Primary School Bishops Caundle
	Charmouth Primary School
	Damers First School
	Durweston CE VA Primary School
	Holy Trinity Primary School & Community Nursery
	Spetisbury CE Primary School (1)
	St. Mary's C.E. Middle School (1)
	Stoborough Primary School
	The Blandford School
	The Wey Valley School
	Thomas Hardy School
	Thorner's, C of E VA Primary School
	Twynham School (2)
	Wimborne First Kindergarten
Wyke Regis Infant School and Nursery	

Bmth Schools	Heathlands Primary Academy
	LeAF Studio

Poole School	The Aweigh School @ The Quay School
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